Building Peace

by Tania Moura

Many people spend their lives working against peace, making war, planning and performing terrorist acts, building capitalism. However, some people help create peace by promoting social justice.

My daughter, a high school student, recently went to Philadelphia with a group of students to build houses for Habitat for Humanity. Habitat for Humanity is a program that gathers volunteers and sponsors to build houses for people that have low incomes and cannot afford to buy a house. Habitat for Humanity works all over the world and often receives help from high school and college student volunteers.

My daughter and her classmates did not have any experience at all in what they were asked to do, but staff from Habitat for Humanity helped them learn. Those high school students gave up their own time during vacation and woke up early in the morning every day. Also, working hard and following directions was a challenge. Despite all this, these students learned how much those houses meant to the soon-to-be owners. They found that simple things like helping others in need are things that make the difference in the world.

Teaching our children about peace, nonviolence, spirituality, adversity, respect for each other, and to love each other as themselves, makes a more peaceful world. If there is justice, people will live in more harmony with each other and the world will become a better place.

Habitat for Humanity volunteers working on a house in Philadelphia, PA.

Habitat for Humanity

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