My Clients Are Like My Grandparents

Yolanda De López

I like my work as a home health aide because I like eldercare. My clients are like my grandparents and I enjoy hearing the stories of when they were young. I like to feed them and help them in their home. You try not to get attached to them because they are people who are not going to live a long time, and when they die you will suffer.

The client I have now is very sweet and kind. I work with him Monday through Friday, 8 hours daily. He feels well protected by me. I accompany him to doctor’s appointments. I give him his medicine on schedule and clean his home. He likes me to read the newspaper to him.

In this life, it is better to give than to receive.

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Taking Care of Our Elders


Taking Care of Our Caretakers

What rights do you think caretakers should have as workers? Why?

There is a shortage in the U.S. of home health aides like Yolanda. The current immigration bill proposes to relieve this shortage by giving visas to “guest” workers. Read these opposing pieces on the topic and develop your own opinion:

1) “Temporary Work Visas: A Four-Way Win for the Middle Class, Low-Skill Workers, Border Security, and Migrants” <cgdev.org>

2) “Close to Slavery: Guestworker Programs in the United States” <spclcenter.org>