Celebrating 5 Pounds
Debbie Barrett

There have been many celebrations in my life. The one that stands out from the others is the birth of my first child, Arthur James Thornton Barrett. We gave him a long name because he spent a long time in the hospital growing to four-and-a-half pounds. When he reached 5 pounds, we took his baby portrait beside a five-pound package of King Arthur flour!

Debbie Barrett is a technology instructor at Blue Hills ABE in Canton, MA. She earned her masters degree in instructional design while watching her two sons grow and flourish. She has been the technology instructor at Blue Hills ABE in Canton, MA, since retiring from Quincy Public Schools. This writing sample was created with “Google Docs” and used as a teaching tool to help guide students as they created their own celebration essays.

Noticing, Supporting, and Finding Resources for Our Children

Think of your own child or a child you know. What challenge is this young person facing?

Write the child’s name and her struggle in the inner circle.

Then fill in the three outer sections. In one section, write the attributes that the child has that will help her overcome her challenge. Use the other two sections for family support this child has and community resources that may be available. Share with others. Collect more ideas about possible resources.