Hair: A Big Deal to Women
Supporting Cancer Survivors All Year Long

Abigail da Silva

Breast Cancer Awareness Month, also known as “Pink Month,” happens in October. This is the month when everyone thinks about how to support people with breast cancer. People wear pink ribbons and go on fundraising walks wearing pink t-shirts.

I try to help all year long, not just in October. I donate wigs and money to the cancer center near me. I asked one of my friends to help me donate wigs, because she had a lot of them. This is a nice way to help women who have cancer because women feel bad when they lose their hair after chemotherapy. Hair is a big deal to women. If they have wigs and pretty head scarves, I hope this helps them feel better about themselves.

I don’t have any particular reason to be a volunteer for this cause. I just like to help others. It is nice to have so many events in October, but it would be better if people helped all year long.

Abigail da Silva is from Brazil and lives with her husband in Waterbury, CT. She has two sons. She is a Christian, with a degree in theology, and is a self-employed house cleaner.

Supporting People with Cancer

Have you noticed people wearing pink in October? Give some examples of what you have seen. Have you participated in breast cancer awareness activities? Share your story.

In the pictures below, two firefighters get their heads shaved to raise money for and to show solidarity with their colleague who has cancer. Do you think this is an effective show of support? Why or why not?