**Eliminate Frizz**

*MacKenna Shea-Smith*

**BEFORE YOU READ:** DIY stands for “do it yourself.” What are some other contexts where you might see DIY used?

I’ve had to deal with having frizzy hair my whole life. I used to just embrace the frizz. But one day, I came across this DIY hair serum, and I’ve been in love ever since. The only two ingredients you need are coconut oil and avocado oil! Here are the instructions:

1. Melt coconut oil in a microwave-safe bowl.
2. After the coconut oil is melted, add the avocado oil in the bowl and mix.
3. Put the serum in a spray bottle and enjoy. (The avocado oil helps keep the coconut oil from coagulating.)

I really love this serum because it doesn’t only eliminate frizz, but it keeps my hair silky smooth! A little bit goes a long way, so I always use sparingly. When you use too much, it can cause your hair to become oily. Sometimes, I prefer to spray it in my hands and then run it through my hair.

This is my go-to solution for frizz and bed head, and now hopefully it’s yours too!

**AFTER YOU READ:**

1. What does the word “embrace” mean? What do you think the author means when she says she used to “embrace the frizz”?
2. Another idiom she uses is, “A little bit goes a long way.” Talk about recipes you use that only require a little bit of a certain ingredient. Incorporate the saying, “A little bit goes a long way!”
3. More vocabulary: Find the words *serum*, *coagulate*, and *sparingly*. Using the context for clues, what do these words mean?

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**Turn a Noun into an Adjective**

In this article, MacKenna uses the word “frizz” (a noun) and “frizzy” (an adjective). By adding “y” to the end of the noun, it becomes an adjective. Try turning some of the following nouns into adjectives by adding “y” at the end.

<table>
<thead>
<tr>
<th>Noun</th>
<th>Adjective</th>
<th>Noun</th>
<th>Adjective</th>
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<tbody>
<tr>
<td>Frizz</td>
<td>Frizzy</td>
<td>Oil</td>
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<td>Shine</td>
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<td>Wire</td>
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<tr>
<td>Tangle</td>
<td>Wire</td>
<td>Sparkle</td>
<td>Health</td>
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*Note that when you add a “y” to a word that ends in “e,” you drop the “e.”*