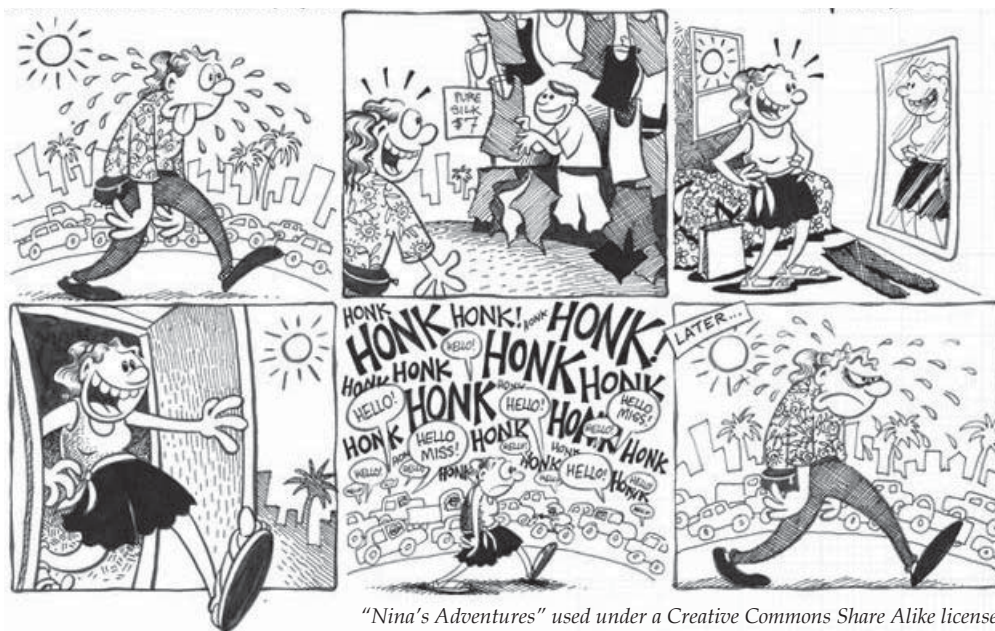


# Cool and Comfortable? Or Covered Up? What Would You Do?

Study the cartoon below. Write the story. What choices does Nina have in this situation?



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## Beautiful on the Inside

Sonia P.

Fashion is good because it gives you a way make the outside of your body look beautiful. But the most important thing in your life is to be beautiful on the inside. It doesn't matter what clothes you wear. If your feelings inside are good, you always look beautiful on the outside.



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### What Do You Think?

**What does it mean** to be "beautiful on the inside"?

**Look at the bathing suits** on p. 6 and consider the cartoon above. What messages do women get about covering up vs. showing their bodies? Is it different for men? If so, how?