

Mom, Me, and the GED

Adena Plamondon

The main reason I left high school was because I wasn't getting the help that I needed. I have had reading and comprehension problems since grade school, but my high school didn't even look up my records and realize what kind of help I needed. I worked very hard to keep my grades up, but it got to be too much.

In my ABE program, I work at my own pace – unlike regular school where everyone had to do the same work in the same time frame. Also, in my ABE class, I get more one-on-one support than I did when I was in a room full of 26 students and one teacher.

Best of all, my mom and I are in the same class, and that is a blast.

Since I entered the ABE program about eight months ago, I have seen my reading and comprehension improve, as well as my self-esteem. I have

a wonderful teacher who believes in me and tells me I can do whatever I'm working on.

One of the exciting things about ABE is that I get to be in a multi-generational classroom. I like the fact that I am mainly working with adults because it is always quiet and drama free. It's nice to be able to have a calm conversation with adults, with no one trashing each other.

Best of all, my mom and I are in the same class, and that is a blast. We help each other if one of us has a problem. Most people think that it is strange how close we are. We may be close but we fight sometimes, too, just like most mothers and daughters. We have been through a lot and that is the reason I like to spend time with her.



Adena Plamondon is a student at Project LIFT in Hillsborough, NH. Her favorite subject is math. She stays busy stacking firewood and cooking turkey dinners at home. She hopes that one day she will have a career in law working as a paralegal.