We All Need to Play

Siri, Why Is My Mom So Boring?

Cira Castillo

When I was a child, I used to play a lot of games. When my mom would talk with her friends, she’d always tell me and my siblings to go outside so that we couldn’t listen to her conversations. We’d play games like marbles, hopscotch, and hide-and-seek. When it rained, we’d go out to the street and make holes and cover them with leaves. We would then hide and watch people step into the holes and sink their shoes into the mud.

Today, I sometimes try to teach these games to my children, but they always tell me that these games are for old people like me. They say that the games I enjoyed are boring. However, I think “our” games were relaxing. Today’s games that rely on technology cause kids to feel more stressed. My kids feel like they have to know everything. So, instead of relaxing by playing with their friends, they spend a lot of time on their phones asking Siri questions. I think they are missing out on opportunities to have fun.

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Take It Further

Write about your own childhood. Compare and contrast it to your children’s childhood. Follow these steps:

a) Use a graphic organizer like the one on p. 28 to collect your thoughts.
b) Decide how to organize your thoughts into body paragraphs.
c) Make sure each paragraph has a topic sentence.
d) Write an introduction and a conclusion.
e) Get feedback and write a new draft.

Interview your classmates about the strategies they use to manage their children’s access to technology. Use charts or graphs to present the data that you collect.

Write a letter to your child explaining how you feel about their use of technology.