

Singing, Talking, Reading

Lucy Soto

I am a mother of two children. My son is 24 months old and my daughter is 4 months old. I help my children grow and learn by playing with them.

With my son, I sing the ABCs to make learning fun. I say funny, interesting-sounding words, so that he can learn how to say them. I make circles on paper with crayons to show him what the colors are. I also draw shapes and numbers. My son likes to point towards things so that I can tell him what they are. Then he will try to repeat my words back to me.

I talk to my daughter while she looks at me and giggles. I play music for her. That helps with her development. She likes to make talking sounds, and she makes herself laugh. She is learning how to sit up. It is funny when she tries.

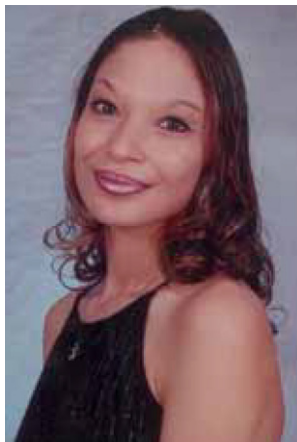
As I read books to my kids, I have my son sitting next to me and my daughter in her swing. My son loves pointing to the pictures in the book. He tells me what he sees.

Being with my children is a blessing and brings me happiness, so I take the time to do it. I'm excited to see how much they grow and learn. I'm surprised at how much my children can do. That's why I so enjoy helping my children grow and learn.



A woman and baby play together. Photo by Meruyert Gonullu, pexels.com.

Lucy Soto attends GED classes at Lorain City Schools ABLE/ GED Program in Lorain, Ohio. She has two children, Enrique and Yuliana. This article was originally published in Issue #24 of The Change Agent, "Caring for Our Children."



AFTER YOU READ:

- 1.** How does the author help her children learn and grow? Be specific. Refer to details from the text.
- 2.** What do you do to support your children (or any children you know) to learn and grow?
- 3.** What did your parents do to help you learn and grow?