

# Life-Changing Technology

*Evgeniia Sholom*



## **BEFORE YOU READ:**

1. Share what you know about artificial intelligence (AI) generally and about ChatGPT specifically. How have you used it?
2. Look online for a definition of AI. Discuss.

## **A New Tool**

In 2023, a company called Open AI released a program called ChatGPT. Experts say that it was a turning point in computer technology and I agree with them. I've already used ChatGPT, and I have found there are plenty of opportunities to improve your life with this tool. In this article I would like to share some interesting ideas on how to use ChatGPT in your everyday life.

## **Be A Better Parent**

You can use ChatGPT to be a better parent. For example, you can ask ChatGPT to create a fairytale for your kids. This is helpful because not many parents have the talent to imagine new stories. Give ChatGPT some information about your children – their names, their hobbies, what type of stories they like – and what you want the story to be about. ChatGPT will write a story especially for them. If you're not sure what instructions to give ChatGPT, you can always ask: "How can I work with you? Which instructions do I have to give you if I want to create a story, but I don't know how?" It's amazing indeed!

Here's another idea: you can ask ChatGPT

to develop a plan for how to teach children something. For example, you can say, “Create a plan for how an eight-year-old boy can develop entrepreneurial skills. Time period: three months. Include a project he can do. Provide resources that he can use.”

Keep in mind that the more information you give ChatGPT, the more detailed answer you get. So, in the direction box, give the program as many prompts as you can.

### Get Help with Daily Life

Another way to use it is to help you with your personal needs. For example, you can use it to create your own daily food menu by sharing details about yourself and what you want. You can say, “Create a vegetarian menu for a 35-year-old woman. It should include a total of 2000 calories per day. Exclude tomatoes and nuts.” If you don’t like the result, just insert corrections and you get a new one!

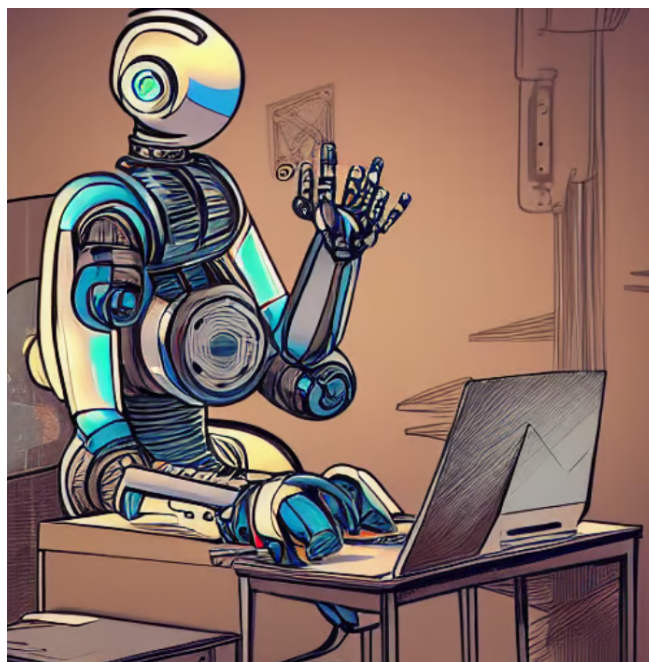
In the same way, ChatGPT could help you make your personal daily schedule that includes your activities, wake-up time, etc. Also, as an ESL student, I often ask it to explain the meanings of English words and give examples of how to use them.

I’ve just given a couple of examples but actually, there are endless possibilities for using ChatGPT, especially in different types of jobs. Explore it! You can use ChatGPT as a guide, a personal assistant, and even a tutor.

### Innovation Brings Uncertainty

Although there is a lot that is positive about ChatGPT and other AI applications, some people are in an *apocalyptic* mood about it. They are scared by the uncertainty that it brings. They worry that people will lose their jobs. Some of the most radical opinions assume that AI may develop and become dangerous for humanity.

I am more optimistic. Remember that life has constantly been changing in recent centuries under the influence of different *innovations*. During the industrial revolution, people were also



*Imagine you were going to ask ChatGPT to write a story for a child. What details would you share with AI to make the story relevant and interesting to the child? Try it out! Go to <https://chat.openai.com/> and make an account. Then tell ChatGPT what kind of story you want.*

scared, and indeed some people lost their jobs, but other people adapted and started to work with machines, developing new and better ways of living. The same can be true with AI.

#### AFTER YOU READ:

1. Are you interested in trying ChatGPT? Why or why not?
2. For another opinion about AI, read the article on pp. 36-37.

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